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# Podar International School, Nashik PODAR SENTINEL

## Trustee's visit sparks productive talks on school enhancement

In an effort to foster better understanding and cooperation between school administration and stakeholders, Podar International School, Nashik welcomed Mr. Pavan Podar, the school trustee for a comprehensive visit on Tuesday, August 22nd, 2023.

The trustee held constructive discussions with the school's leadership, including the Principal Dr. Manohar Mahajan, Vice Principal Ms. Shofi Dave and the administrative department.

Direct interactions with students and teachers provided the trustee with valuable insights into classroom dynamics and teaching approaches. Considerable time was also dedicated to dialogues concerning future initiatives, school development plans, and the pivotal role of parental involvement.

Principal Dr. Manohar Mahajan expressed gratitude for the trustee's guidance and foresight.

He firmly believed that the collaboration will definitely help in providing an enriching educational experience to the students.

As the visit concluded, both the trustee and the school's leadership expressed optimism about future partnerships. The visit reaffirmed the school's dedication to excellence and its ongoing commitment to quality education.



## Podar Kids bag the first position at DSO Matches

On Monday, 21st August 2023, The Nashik District Sports Office conducted the district level table tennis competition at Nashik Gymkhana, Shalimar, Nashik.

The competition saw spirited participation from various schools, but talented students from Podar International School, Nashik emerged victorious in the table tennis competition. The skilled group of players, including Mast. Archit Rahane, Mast. Ajenish Bharde, Mast. Parth Moghe, Mast. Bhavesh Mahajan, and Mast. Aditya Ingale, exhibited exceptional skills and teamwork leading them to achieve the first position.

The winning team credited their victory to both their effort and the valuable guidance from their coaches, Mr. Machindra Sonawane and Mr. Sachin Kharde.

As the district-level competition concluded on a high note, all eyes are now set on the divisional level tournament, where these talented young players will undoubtedly give their best to leave a mark and bring more glory to their school and district.



## Podar International School Nashik Hosts Grand Culminating Event 'BIZ-KID BAZAAR'

On September 2, 2023, Podar International School in Nashik hosted an educational fiesta called 'BIZ-KID BAZAAR,' highlighting students' entrepreneurial spirit with the 'Young Entrepreneurs' theme.

The chief guest, Hub General Manager Wg Cmdr. Sameer Wagle, as well as Principal Dr. Manohar Mahajan and Vice Principal Ms. Shofi Dave received a heartfelt floral welcome, starting off the day's celebrations on a warm note.

Grade I and II students wowed the audience with a captivating fashion show and the sale of their Mandala Art Products.

Grade III & IV students exhibited and sold Gond Art Products, while Grade V and VI students showcased their creativity with Manjusha Art Products. Grade VII and VIII students proudly presented their Indian products.

The school's cafeteria became a hub for Tattoo and Nail Art, student-arranged food stalls offered a tasty menu, satisfying guests and parents. Games stalls added extra excitement and fun to the festivities.

Principal Dr. Manohar Mahajan praised the students and encouraged them to pursue their dreams.



## Remarkable Achievements by Young Minds in International Math Competitions

In a remarkable display of mathematical prowess, young talents from Podar International School, Nashik have secured impressive ranks in international Math competitions, showcasing their exceptional skills on the global stage.

Mst. Agraj Rathod, an outstanding participant at the G8 level, has grabbed 4th rank in The International Mathematics and Mental Arithmetic Competition 2023. Despite tough competition from participants representing 11 different nations, Agraj's dedication and proficiency stood out, propelling him to this noteworthy achievement.

Along with him, Ms. Smrutika Phad, a sixth-grader, and Ms. Nidhi Phad, a fourth-grader, have secured fourth rank in the Abacus Arithmetic Math International Exam held in Thailand. Their exceptional achievement proves that age is no barrier to success.

Principal Dr. Manohar Mahajan and Vice Principal Ms. Shofi Dave expressed their heartfelt congratulations to these young achievers for their glorious success.

The extraordinary accomplishments of Mst. Agraj Rathod, Ms. Smrutika Phad, and Ms. Nidhi Phad are not only milestones in their personal journeys but also sources of inspiration for their peers to reach for the stars.



*"An investment in knowledge pays the best interest." — Benjamin Franklin.*



### Podar School celebrates 76th Independence Day with great national fervor

Podar International School, Nashik celebrated 76th Independence Day with great national fervor and unity. The event commenced with the hoisting of the tricolor by the esteemed Chief Guest, Hub General Manager, Wg Cdr Sameer Wagle (Retd). This was accompanied by a soul-stirring National Anthem which evoked a sense of pride and love for the motherland.

General Manager Wg Cdr Sameer Wagle was warmly welcomed and greeted with flowers and a special memento by Principal Dr. Manohar Mahajan and Vice Principal Ms. Shofi Dave followed by the ceremonial lighting of the lamp and garlanding of the portraits, the morning air was blessed with the school choir's stirring rendition of a Patriotic song.

Ms. Anisha Shinde and Deputy Literary Prefect Mst. Vedant Waghmare delivered thought-provoking speeches in English and Hindi respectively, touching upon the essence of patriotism and unity.

Students from the morning and afternoon batch displayed the spirit of unity in diversity with their mesmerizing dance performances.

A prize distribution ceremony was held for the winners of Inter-House Patriotic Singing Competition to acknowledge the talent of the students. Teachers who have completed five and ten years in the organization were honored with certificates for their dedication and loyalty towards Podar.

The stage lit up with a powerful patriotic skit, creatively bringing our history to life, connecting us with our heritage and our roots.

Principal Dr. Manohar Mahajan and Chief guest Wing Commander Mr. Sameer Wagle addressed the gathering and highlighted the importance of carrying forward the values instilled by our forefathers and duty towards nation.

Vice Principal Ms. Shofi Dave extended a heartfelt Vote of Thanks, expressing gratitude to all who contributed to the seamless execution of the grand celebration.

The school embraced Independence's spirit through its mix of tradition, culture, and patriotism, leaving a lasting impact on all who witnessed the event.



### Podar School organizes Inter-house Patriotic Group Singing Competition

With an aim of cultivating a strong sense of patriotism, an inter-house patriotic group singing competition was held in Podar School on 14th August on the eve of the 77th Independence Day. The examiner of the program, Dr. Manohar Mahajan, and Vice-Principal Shofi Dave, were welcomed by the members of the Student Council with bouquets of flowers.

With a sense of pride and gratitude towards the country, the singers expressed their sincere respect for the motherland by performing excellent group songs. The contestants were judged on various aspects including voice quality, rhythmic interpretation, stage presence, song selection, song preparation, diction and intonation. Each song resonated with the spirit of unity, diversity and devotion to the country.

The said competition was organized in the junior group (1st to 4th grade) and senior group

(5th to 8th grade). In the morning session Terra House from the junior group and Aqua House from the senior group while in the afternoon session Ignis from the junior group and Ventus House from the senior group bagged the winning positions.



Principal Dr. Manohar Mahajan and Vice Principal Shofi Dave appreciated the excellent efforts of the students and reminded them of the ideal values towards the country as a nation. The event was a resounding success, with patriotic fervor filling the air, leaving a lasting impression on all present.

The program was moderated by Maitri Patwardhan and Sneha Sangle. Principal Mahajan congratulated Events Coordinator Juliet Montero, Meeta Dogra and Priscilla Godse for successfully organising the event.

### House Competition hosted by PIS Nashik ignites Young Entrepreneurs' Spirit

Podar International School, Nashik, hosted a 'Pitch it!' House Competition on August 26th 2023, where students from grades 3 to 8 showcased their creative business ideas. Judges, Principal Dr. Manohar Mahajan and Vice Principal Shofi Dave, praised the students' pitches and highlighted the importance of pitching skills for budding entrepreneurs. The event highlighted the school's dedication to nurturing young business minds.



*"Bottoms in the investment world don't end with four-year lows; they end with 10- or 15-year lows." — Jim Rogers. ..*



## International Tiger Day

At Podar Prep, we celebrated 'International Tiger's Day' on 28.7.2023 as "Let's all unite together to save tigers" to make our children aware about the need to protect them and conserve our national animal. Here are some pictures of our children happily engaged in the activities.



## Independence Day

Independence Day was celebrated as "Jumbo Celebrates Atmanirbhar Bharat" at Podar Prep. Here are some pictures of our children celebrating the day with their grandparents.



## International Mud Day

At Podar Prep, Our Celebration, "International Mud Day- My Family, My Buddy, Let's Get Muddy", was a huge success! Thank you for making it so. Our children bonded with nature through the medium of Mud. Here are some photographs of our children enjoying the activities with their parents.



## National Handloom Day

National Handloom Day is celebrated on August 7th every year in India. It was inaugurated on August 7, 2015, to commemorate the swadeshi movement, which started on the same day in 1905. Handloom holds immense importance as it is not just a traditional craft but also a symbol of national pride and sustainability. This day is observed to create awareness about the importance of handloom products and to encourage people to buy and wear handloom textiles.



**- Ms. Gagandeep Kaur Chandhok**  
(Main Teacher - Podar Prep)

Handloom plays a vital role in upholding cultural heritage, promoting sustainable practices, empowering artisans and preserving the authenticity and diversity of textile traditions. It empowers skilled artisans, predominantly women, and rural communities, providing them with a sustainable livelihood and preserving their unique craftsmanship. The handloom industry contributes significantly to the nation's economy by generating employment and supporting rural development.

It fosters creativity and innovation, showcasing exquisite designs and patterns that reflect India's vibrant culture.

Moreover, handloom products have a low environmental footprint compared to mass-produced textiles, making them eco-friendly and sustainable. By choosing handloom, consumers support ethical fashion and reduce the impact on the environment.

The making of a national flag is a meticulous and symbolic process that emphasizes the country's values, heritage and unity. The flag becomes a powerful emblem that represents the nation's aspiration, struggles and identity.



National Handloom Day serves as a reminder of the need to value and preserve this traditional art form, ensuring it thrives in the modern world. Embracing handloom is not merely celebrating tradition, but also supporting rural artisans, conserving our heritage, and promoting sustainable practices for a brighter future.

## Special Assembly marks Raksha Bandhan Celebration at PIS Nashik

In a vibrant display of unity and cultural diversity, students of Podar International School, Nashik came together and organized a special assembly on Monday, 28th August, to celebrate the festival of Raksha Bandhan. Students took to the stage to share their thoughts on the significance of Raksha Bandhan. Adding a rhythmic touch to the event, a captivating dance performance by students enthralled the audience. Principal Dr. Manohar Mahajan addressed the gathering, underlining the significance of Raksha Bandhan as a celebration of love among the siblings. He emphasized the need to uphold the values of mutual respect and care.



*"I will tell you how to become rich. Close the doors. Be fearful when others are greedy. Be greedy when others are fearful." – Warren Buffett*



## Women's Equality

Women's Equality is a topic that holds the first priority for the government. Gender equality is when people of all genders have equal rights, responsibilities and opportunities. This execution can be completely successful by the contribution of every citizen.

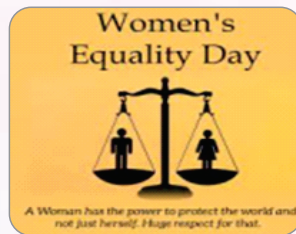


Women's Equality means rights of equality in decision making, economic and social freedom, equal access to education and right to practise an occupation of one's choice. The women were given these rights in 1950.

Gender equality prevents violence against women and girls. It's essential for economic prosperity. Societies that value women and men as equal are safer and healthier. Gender equality is a human right.

Even now, there is a lot of scope for improvement in the area of Women's Equality with respect to its implementation in the society at large. We should improve the awareness about the importance of Women's Equality.

Only being aware is not just the solution for the same. Implementation should start from us and spread to every house, every family in India and World. Then the celebration of Women's Equality Day will find its true spirit. So, let us be the first one to bring about the change in society



- Miss. Anavi Joshi (VIII Jade)

## Raksha Bandhan

Raksha Bandhan is a Hindu festival, most commonly celebrated in South Asia. The word "Raksha Bandhan" originated from Sanskrit which literally means bond of protection, care, or obligation. On this day, sisters of all ages tie an amulet or thread around the wrist of their brothers, and in return brothers give gifts. Symbolically, they both invest in the brother's responsibility of protecting their sisters.



Raksha Bandhan usually falls on Purnima or full moon day of the Shraavan month. Rakhi is not simply a thread but it is an emotion which is much stronger than iron chains. Restricting Raksha Bandhan to brother and sister will not be right. Rather, any bond that can bind to anyone. The true significance of the rakhi lies in its expression of love. From tying rakhi around trees to protect tribal people, to people trying it on their pets, and people of different faiths tying it on each other to send out a message of endurance to the community, the festival of Raksha Bandhan has progressed into a celebration of togetherness and companionship. Finally, I would like to wish you all a very joyful Raksha Bandhan!!!

- Miss. Bhargavi Kulkarni (IX Mars)

## Idioms



1) To see eye to eye.

Meaning : be in full agreement.

Sentence : "The boss and I don't always see eye to eye"

2) Raining cats and dogs.

Meaning : A heavy downpour, rain coming down very quickly and hard.

Sentence : "There's no way they'll be playing at the park, it's raining cats and dogs out there!"

3) Cry crocodile tears.

Meaning : An insincere display of grief.

Sentences : When the play's star broke her leg, her understudy wept crocodile tears.

4) Compare apples and oranges.

Meaning : two things are completely different and it is not sensible to compare them.

Sentence : The ratio of exports to GDP is very misleading. It compares apples and oranges. You're comparing apples with oranges.

5) Cry over spilled milk.

Meaning : to feel sorry or sad about something that has already happened; used to emphasize that this is not helpful.

Sentence : It's no use crying over spilled milk - he's spent all the money, and there's nothing you can do about it. It's a waste of time crying over spilt milk, he says; you just have to move on with your life.

6) Once in a blue moon.

Meaning : To do something "once in a blue moon" is to do it very rarely.

Sentence : "That company puts on a good performance only once in a blue moon."

- Miss. Parinta Dhable (IX Jupiter)

## Vocabulary

1. Reminiscence- Memory
2. Configure- arrange or put something in particular form.
3. Toil- Work hard
4. Docile- managed
5. Rebuke- An act or expression of criticism and censure
6. Savant- a learned person
7. Pathological- Caused by or evidencing a mentally disturbed condition.
8. Exasperate- irritate
9. Archaic- old-fashioned
10. jocund: cheerful and light-hearted.



- Miss. Simran Singh (IX Jupiter)

*"The great revolution in the history of man, past, present and future, is the revolution of those determined to be free."*



### संस्कृत दिवस

भारत में हर साल श्रावणी पूर्णिमा के शुभ अवसर को संस्कृत दिवस के रूप में मनाया जाता है। हमारी संस्कृति में संस्कृत भाषा के प्राचीनतम भाषा होने की वजह से यह दिन मनाया जाता है। संस्कृत लगभग सभी वेदों और पुराणों की भाषा है। इसलिए लोगों में संस्कृत भाषा के प्रति सम्मान है। हमारे धार्मिक ग्रंथों और मन्त्रों का वर्णन अधिकतर इसी भाषा में मिलता है। संस्कृत दिवस अपने आप में बहुत अनूठा है, क्योंकि राष्ट्रीय स्तर पर किसी भी अन्य प्राचीन भाषा में इस तरह से उत्सव नहीं मनाया जाता है।

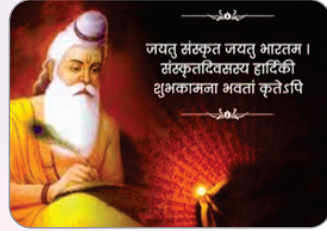
इस दिन को मनाने का उद्देश्य यह है कि भारतीय धार्मिक संस्कृति द्वारा संस्कृत को 'देव भाषा' का दर्जा दिया गया है, फिर भी यह भाषा अब अपना अस्तित्व खोती जा रही है। अब भारत में भी विदेशी भाषाओं और अंग्रेजी के बढ़ते महत्व के कारण संस्कृत पढ़ने, लिखने और समझने वालों की संख्या दिन-ब-दिन कम होती जा रही है। इसलिए, संस्कृत दिवस और संस्कृत सप्ताह भारतीय समुदाय या समाज को संस्कृत के महत्व और आवश्यकता को याद दिलाने और जन मानस में इसके महत्व को बढ़ाने के लिए मनाया जाता है।

इस दिन श्रावणी पूर्णिमा या रक्षाबंधन पर ऋषि-मुनियों का स्मरण और पूजन कर समर्पण का भाव रखा जाता है और हमारे ऋषि-मुनि संस्कृत साहित्य के मूल स्रोत हैं, इसलिए श्रावणी पूर्णिमा को संस्कृत दिवस के रूप में मनाया जाता है और इसे ऋषि पर्व के रूप में भी मनाया जाता है।

इस दिन भारत सरकार के शिक्षा मंत्रालय के आदेश से वर्ष 1969 में केन्द्रीय एवं राज्य स्तर पर संस्कृत दिवस मनाने का निर्देश जारी किया गया था। तभी से श्रावण की पूर्णिमा के दिन पूरे भारत में संस्कृत दिवस मनाया जाता है। इसके लिए श्रावण पूर्णिमा के दिन को चुनने का कारण यह है कि हमारे प्राचीन भारत में इस दिन से ही शिक्षण सत्र और वेद पाठ शुरू हुआ था और छात्र भी इसी दिन से शास्त्रों का अध्ययन करने लगे थे। संस्कृत दिवस और संस्कृत सप्ताह मनाने का मूल उद्देश्य संस्कृत भाषा का प्रचार-प्रसार करना है। संस्कृत दिवस 31 अगस्त 2023 को मनाया जाएगा।

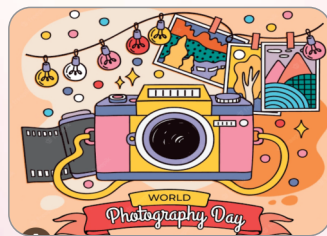


-कु.धनश्री गांगुली  
(छठी पृथ्वी)



### विश्व फोटोग्राफी दिवस

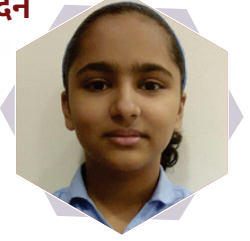
फ्रांस के जोसेफ नाइसफोर और लुइस डॉंगेर ने फोटोग्राफी का आविष्कार किया था. इसके बाद 19 अगस्त, 1839 को फ्रांस की सरकार ने इस आविष्कार की घोषणा की और उसका पेटेंट हासिल किया. यही वो दिन है, जिसे हमेशा याद रखने के लिए हर साल 19 अगस्त को 'वर्ल्ड फोटोग्राफी डे' यानी 'विश्व फोटोग्राफी दिवस' मनाया जाता है. फोटोग्राफी एक कला है जो उन चित्रों को बनाती है जो एक बार जीवन में देखे जाने वाले अनुभवों को यादगार बनाते हैं। यह एक ऐसा माध्यम है जिससे हम अपनी जीवन की कुछ बेहतरीन पलों को यादगार बना सकते हैं। फोटोग्राफी का कोर्स करने के लिए बारहवीं (12th) पास होना अनिवार्य है। जहां फाइन आर्ट्स विषयों में इसे एक ऑप्शनल बैचलर्स डिग्री के रूप में ऑफर किया जाता है। वहीं कुछ कॉलेज इसे डिग्री कोर्स के साथ पार्ट टाइम कोर्स के रूप में भी प्रस्तुत करते हैं। भारत के मशहूर फोटोग्राफर रघुनाथ राय चौधरी, रघु राय के नाम से चर्चित हैं. वह पूरी दुनिया में फोटोग्राफी की दुनिया का जीवंत नाम हैं. रघु राय महान फोटोग्राफर हेनरी कार्टियर ब्रेसन के शिष्य थे.



-कु.गौरी पवार  
(९ वी अर्थ)

### भारत छोड़ो आंदोलन दिवस / अगस्त क्रांति दिन

9 अगस्त 1942 को राष्ट्रपिता महात्मा गांधी जी के नेतृत्व में 'भारत छोड़ो आंदोलन' आरंभ हुआ था। इसके प्रतीक स्वरूप 'अगस्त क्रांति दिवस' पर भारतीय स्वतंत्रता के लिए अपने प्राणों की आहुति देने वाले सभी अमर शहीदों को शत शत नमन करता हूँ। हर साल 8 अगस्त को भारतीय इतिहास में आजादी की आखिरी लड़ाई की शुरुआत के रूप में याद किया जाता है। इसी दिन 1942 में महात्मा गांधी द्वारा चलाए गए भारत छोड़ो आंदोलन (Quit India Movement) की नींव रखी गई थी। आजादी के बाद से, 8 अगस्त को क्रांति दिवस के रूप में जाना जाता है और बॉम्बे में जहां इसे झंडा फहराकर शुरू किया गया था, उसे क्रांति मैदान के रूप में जाना जाता है। भारत छोड़ो आंदोलन की शुरुआत 08 अगस्त 1942 को हुई थी। इस आंदोलन का नेतृत्व राष्ट्रपिता महात्मा गांधी ने किया था।



-कु.शाल्मली जाधव  
(छठी पृथ्वी)

महात्मा गांधी ने 08 अगस्त 1942 को अखिल भारतीय कांग्रेस कमेटी (AICC) के बॉम्बे (अब मुंबई) अधिवेशन में इसकी शुरुआत की थी। भारत छोड़ो आंदोलन अंग्रेजी हुकूमत के खिलाफ काफी प्रभावशाली साबित हुआ और शासन की नींद उड़ गई थी। भारत छोड़ो आंदोलन का प्राथमिक उद्देश्य ब्रिटिश औपनिवेशिक शासन से तत्काल और पूर्ण स्वतंत्रता प्राप्त करना था। इसमें भारत पर से अंग्रेजों का नियंत्रण समाप्त कर एक संप्रभु एवं स्वशासित राष्ट्र की स्थापना करने की मांग की गई। भारत छोड़ो आंदोलन का भारत के स्वतंत्रता संग्राम पर महत्वपूर्ण प्रभाव पड़ा। यह अहिंसक प्रतिरोध की शक्ति का प्रतिनिधित्व करता था और सभी पृष्ठभूमियों के एकजुट लोग स्वतंत्रता के लिए एक साथ खड़े थे। कठोर दमन के बावजूद, आंदोलन ने स्व-शासन की मांग को हवा दी और ब्रिटिश सरकार को भारतीय नेताओं के साथ बातचीत करने के लिए मजबूर किया। भारत छोड़ो आंदोलन ने एक स्थायी विरासत छोड़ी जिसने दिखाया कि अहिंसक विरोध और एकता कैसे बड़े बदलाव ला सकते हैं। इस आंदोलन ने 15 अगस्त, 1947 को स्वतंत्रता प्राप्ति में महत्वपूर्ण भूमिका निभाई। भारत छोड़ो आंदोलन को अगस्त क्रांति के नाम के नाम से भी जाना जाता है। इस आंदोलन की शुरुआत 8 अगस्त को हुई थी, लेकिन आमतौर पर लोगों का मानना है कि इसकी शुरुआत नौ अगस्त को हुई थी। इस आंदोलन के दौरान 14 हजार से अधिक लोगों को जेल में डाल दिया गया था।



### पाऊस गातो गाणे

टिप टिप पाऊस  
झो झो वारा  
गीत गाऊ पाहतो  
आसमंत सारा

कडाडणारी वीज  
गडगडणारे ढग  
धावण्यार्या छत्रीतली  
आपली लगबग

डराव् डराव् बेडकं  
छम छम तळे  
लेझीम हाती घेऊनी जणू  
थंब लाटेवर पळे

खळ खळ झरा  
तड तड पत्रा  
पावसाने भरवली बघा  
ताला सुरांची जत्रा



-कु. अश्विनी उपासनी  
(५ वी शिवालिक)





### ओणम उत्सव

नमस्कार मित्रानो आज आपण जाणून घेणार आहोत ओणम या सणाबद्दल, दक्षिण भारतामधील केरळ येथे ओणम या सणाला फार महत्त्व आहे, जसे महाराष्ट्रामध्ये गणेशउत्सव हा दहा दिवस साजरा केला जातो, त्याच प्रमाणे ओणम आहे. हा सण केरळ मध्ये दहा दिवस साजरा केला जातो

केरळ राज्याचे नवीन वर्ष ओणम या उत्सवाने सुरू होते. हा चिंगम(आश्विन) महिन्याच्या शुक्ल पक्षात श्रवण नक्षत्र येईल

त्या दिवशी साजरा करतात. १० दिवस चालणाऱ्या या उत्सवातील १० वा दिवस तिरुवोणम सगळ्यात धुमधडाक्याने साजरा केला जातो. श्रवणालाच तिरुवोणम असे म्हणतात. ओणम उत्सव मल्याळी भाषेत चिंगम (ऑगस्ट-सप्टेंबर) या महिन्यात दैत्यराज महाबली या प्रल्हादाच्या नातवाच्या न्यायीपणाची, पराक्रमाची आणि त्याच्याबद्दल असलेल्या प्रेमाची आठवण म्हणून साजरा केला जाणारा उत्सव आहे. यावेळी पारंपरिक नाचगाणी, खेळ, नाटके वगैरे कार्यक्रमांचे आयोजन संपूर्ण केरळ राज्यात केले जाते. ओणम उत्सव केरळातील सगळ्यात मोठा आणि महत्त्वाचा उत्सव असल्याने त्यावेळी नवीन कपड्यांची खरेदी केली जाते तसेच या दिवसात केवळ या उत्सवासाठीचे खास पारंपरिक पद्धतीचे अनेक खाद्यपदार्थही तयार केले जातात. केरळ राज्यातील सर्वच जाती-धर्माचे लोक हा उत्सव मोठ्या आनंदात साजरा करतात.

या सणासाठी केरळात घरांना रंग देऊन दर्शनी भाग फुलांनी श्रृंगारतात. गृहिणी घरापुढे अंगण सारवतात व त्यावर बहुरंगी रांगोळी काढतात. गावात व रानात हिंडून फुले गोळा करणे हे मुलांचे काम असते. दहा दिवसपर्यंत अशी पुष्पशोभा केल्यावर श्रवण नक्षत्राच्या मुख्य दिवशी वामनाची मृण्मय मूर्ती करून ता अंगणात बसवितात व त्याभोवती पुष्पशोभा करतात. प्रथम सर्व मिळून "आरप्पू" असा उद्घोष करतात. त्यानंतर वामनाची पूजा करतात. उत्सवाच्या निमित्ताने केरळचे पारंपरिक नृत्य कथकली आणि पुलीकली किंवा काडुकलीचे आयोजन ठिकठिकाणी केले जाते. ओनसद्या या पक्वान्नाशिवाय ओणमची सांगता होत नाही. तसेच तांदूळ आणि तांदळाचे विविध पदार्थ, डाळीची आमटी, पापड आणि तूप असा जेवणाचा बेत असतो. सांबार, ओलण, रसम, थोरन, अवियल, पचडी, विविध प्रकारची लोणची आणि मोरू (ताक) यांनाही फार महत्त्व आहे.

तीर्थयात्रेला गेलेला अर्जुन कन्याकुमारीहून इंद्रप्रस्थाला निघाला. त्याच्याजवळ कृष्णाची मूर्ती होती. तो पंपा नदीकाठी येतो. पंपा नदीला पूर आलेला असल्याने नौका बंद असतात. एक नाविक आपली नौका घेऊन धाडसाने पुढे येतो आणि अर्जुनाला पैलतीरी नेतो. नदी पार झाल्यावर अर्जुनाने त्या तीरावर आपल्याकडील कृष्णाची म्हणजे पार्थ सारथीची मूर्ती स्थापन केली. कालांतराने तेथे मंदिर उभारले गेले. या घटनेच्या स्मरणार्थ प्रतिवार्षिक नौका उत्सव सुरू झाला असे मानले जाते. ओणमच्या वेळी पारंपरिक सर्प नौका स्पर्धांचे आयोजन दरवर्षी ऑगस्ट महिन्याच्या दुसऱ्या शनिवारी केले जाते. या स्पर्धेच्या खास नौका फणसाच्या लाकडाच्याच बनविलेल्या असतात. त्या खूप लांब आणि निमुळत्या असतात, एकेका नौकेत शंभरावर लोकही असतात. त्यात नौका वल्हविणाऱ्यांसह मोठ्या आवाजात साद घालून उत्साह वाढविणारेही असतात. नौका वल्हवणारे नावाडी शुभ्र वस्त्रे आणि शुभ्र शिरोवेष्टन वापरतात.

या दिवशी घरातील नोकर माणसांना नवी वस्त्रे दिली जातात. या दिवशी चेंडूचा एक विशिष्ट खेळ खेळला जातो, त्याला "नाटन" असे नाव आहे. या दिवसात स्त्रिया व मुली रात्री एकत्र खेळ खेळतात त्याला "कैकोटीवकळी" म्हणतात.



**कु. अनया मांदरे**  
(५ वी अरावली)



### आंतरराष्ट्रीय युवा दिन

कोणत्याही देशासाठी तरुणांचा सहभाग सर्वात महत्त्वाचा असतो. विकसित आणि विकसनशील अशा दोन्ही देशांतील तरुणांना मानसिक आणि सामाजिक अडचणी येण्याची शक्यता जास्त असते. म्हणूनच तरुणांनी जागरूक आणि विविध आव्हानांचा सामना करण्यास सक्षम असणे अत्यंत आवश्यक आहे. दरवर्षी १२ ऑगस्ट हा दिवस 'आंतरराष्ट्रीय युवा दिन' म्हणून तरुणांमध्ये कायदेशीर समस्या आणि त्यांच्या सांस्कृतीविषयी जागरूकता निर्माण करण्यासाठी साजरा केला जातो.

तरुणांना त्यांच्या दैनंदिन जीवनात रोजगार, काम आणि उद्योजकता यांसारख्या आवश्यक कौशल्यांसह समाज, देश आणि जगाच्या विकासात प्रगत भूमिका बजावता यावी म्हणून शाश्वत विकास उद्दिष्टांवरही भर देण्यात आला आहे. शिवाय, तरुणांना स्वतःचे महत्त्व समजावे आणि त्यांच्यासाठी महत्त्वाच्या मुद्द्यांवर चर्चा व्हावी यासाठीही या दिवसाला अनन्यसाधारण महत्त्व आहे.

जागतिक युवा दिन १९९९ मध्ये संयुक्त राष्ट्र संघाने सुरू केला. त्या दिवशी संयुक्त राष्ट्रसंघाच्या आमसभेने १२ ऑगस्ट हा जागतिक युवा दिन म्हणून घोषित केला. परंतु हा दिवस पाळण्यामागे अनेक कारणे आहेत. सध्या जगभरात तरुणांची संख्या सुमारे १.२ अब्ज आहे. तंत्रज्ञान आणि विज्ञान जसजसे प्रगती करत आहे तसतसा काळ अधिक आधुनिक होत आहे. त्यासोबत आधुनिकताही बदलत आहे. आंतरराष्ट्रीय युवा दिन साजरा करण्याचे मुख्य कारण म्हणजे जगभरातील तरुणांना भेडसावणाऱ्या वाढत्या समस्यांवर प्रकाश टाकणे.

आजची तरुणाई आर्थिक, सामाजिक आणि शारीरिक समस्यांनी ग्रस्त आहे. जसजसा काळ पुढे जातो तसतसे त्यांच्या समस्या अधिक ठळक होत जातात. त्या मुद्द्यांवर प्रकाश टाकण्यासाठी आंतरराष्ट्रीय युवा दिन साजरा होऊ लागला.

तरुणांबरोबरच तरुणीही विविध क्षेत्रात यश मिळवत पुढे जात आहेत. मात्र, त्याचवेळी त्यांना विविध प्रकारे त्रास सहन करावा लागतो. आंतरराष्ट्रीय युवा दिनानिमित्त त्या समस्यांवरही प्रकाश टाकण्यात आला आहे.

शिवाय, संयुक्त राष्ट्रांचे सचिव अँटोनियो गुटेरेस यांच्या म्हणण्यानुसार "मानवी सभ्यतेच्या विकासासाठी नवीन कल्पना, ऊर्जा आणि उत्साह आवश्यक आहे. तरुणांमध्ये हे घटक प्रामुख्याने असतात. त्यामुळे तरुणांच्या समस्यांचा अधिक सखोल विचार व्हायला हवा." हेही या दिवसामागे मुख्य कारण आहे.

### विचार करूया

१. वर्षातील कोणत्या महिन्यात २५ दिवस असतात.

उत्तर: सर्वच महिन्यामध्ये

२. वडिलांनी मुलीला एक वस्तू दिली आणि सांगितले की भुख लागली तर खाऊन घे, तहान लागली तर पिवून घे आणि थंडी वाजली तर जाऊन घे. ही वस्तू कोणती असेल?

उत्तर: नारळ

३. अशी कोणती वस्तू आहे की पावसात कितीही भिजली तरी ओली होत नाही.

उत्तर: पाणी

४. डोळे आहेत पण पाहू शकत नाही, पाय आहेत पण चालू शकत नाही, तोंड आहे पण बोलू शकत नाही. सांगा पाहू मी कोण?

उत्तर: बाहुली

५. निकेत च्या वडिलांची चार मुले आहेत. १) रमेश २) निलेश ३) गणेश चौथ्याचे नाव सांगा.

उत्तर: नीकेत



**कु. खुशी ढोकरीया**  
(७ वी न्यूटन)



**कु. सृजना राक्षे**  
(५ वी अरावली)



## Chandrayan Drawing Competition Ignites students' creativity

Podar International School, Nashik held an exciting drawing competition to encourage students' curiosity in science and art. The event focused on India's Chandrayaan-3 lunar mission, allowing students to creatively express their understanding of this space mission.

A segment of the event witnessed the students displaying captivating models related to the space mission. This was followed by a drawing competition. The drawings ranged from futuristic lunar landscapes to depictions of the Chandrayaan-3 spacecraft itself, highlighting the students' deep interest in space exploration.

In a time when STEM education is becoming more popular, the school's Chandrayaan drawing competition shows how schools can blend science, art, and innovation to inspire young minds.

The event garnered attention not only from the school community but also from news reporters who were present to cover the exciting occasion. They appreciated the efforts of the students and the school's initiative to conduct such activities.

Principal Dr. Manohar Mahajan and senior coordinator Ms. Priti Sonawane praised the students for their dedication and enthusiasm. They emphasized that space holds infinite possibilities and opportunities for us to delve deeper into it.



## Podar International School, Nashik celebrates National Librarian's Day and International Youth Day.

A special assembly took place on Saturday, 12th August to celebrate both National Librarian's Day and International Youth Day. The event began as Principal Dr. Manohar Mahajan honored S.R. Ranganathan, a pioneer in Library and Information Science, by garlanding his frame. The audience was treated with insightful speeches and engaging skits by enthusiastic students.

Principal Dr. Manohar Mahajan highlighted the vital role of the youth in shaping the nation's progress and underscored the everlasting significance of libraries in personal growth and learning.



## Field Trip to Metro Mall Inspires Young Entrepreneurs

Podar International School, Nashik planned an engaging field visit for its fifth and sixth-grade students at Metro Mall, Tapovan Link Road under the guidance of Principal Dr. Manohar Mahajan. The event revolved around the theme "Young Entrepreneur," aiming to acquaint students with the world of business and entrepreneurship.

After the visit, students were inspired and full of ideas, taking a big step towards building a culture of entrepreneurship and leadership among them.



## Special School Assembly celebrates Parsi New Year, Navroz

On Monday, 14th August, Podar International School, Nashik organized a special assembly to celebrate the Parsi New Year, Navroz.

During the assembly, students took center stage as they delivered insightful speeches on the significance of the Parsi New Year. Through their eloquent words, they highlighted the historical and cultural importance of Navroz, emphasizing its role in promoting renewal, reflection, and unity among the Parsi community and beyond.

The celebrations were further enriched by captivating dance performances that added an artistic touch to the event.

Principal Dr. Manohar Mahajan addressed the students with wise words and urged them to inculcate the virtue of inclusiveness in them.

The assembly allowed students to learn about diverse cultures and showed the school's dedication to nurturing global citizens who value and respect various traditions in our society.



*"Don't look for the needle in the haystack. Just buy the haystack!" — John Bogle*



## Nail art

Nail art is a creative way to paint, decorate, enhance, and embellish nails. It is a type of artwork that can be done on fingernails and toenails, usually after manicures or pedicures.

**Types of Nail Art :** Nail art is a technique involving the decoration of nails with paint, polish, or other materials. It is used to create designs ranging from simple to elaborate.

**Traditional Nail Polish :** The most common type of nail art involves the use of traditional nail polish. This method is easy to apply and remove, and relatively inexpensive, although it lacks the durability of some other forms and can chip easily.

**Acrylic Nails :** Acrylic nails are created using a mixture of acrylic powder and liquid monomer. They provide a more durable and complex design option compared to traditional nail polish, but are also more difficult to apply and remove, and can be more expensive.

**Gel Nails :** Gel nails are created using a gel that is cured under UV light. They are similarly durable and complex in design to acrylic nails, but can be more costly. Application and removal processes are similar to those for acrylic nails.

**Nail Wraps :** Nail wraps are pre-made designs applied to the nails. They provide a quick and easy method of nail art creation and come in a variety of designs. They can be applied over traditional nail polish or acrylic nails.

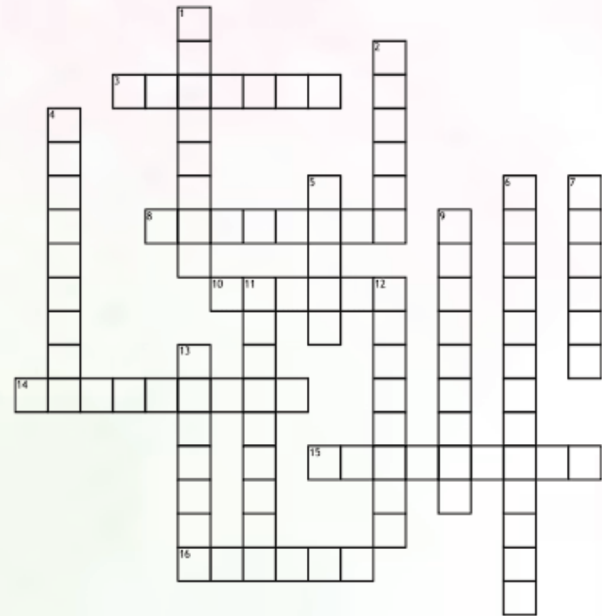
**Other Types :** Other types of nail art include stamping, stenciling, and hand painting. Stamping involves the use of a special tool to transfer a design from a stamp to the nail. Stenciling uses a pre-cut stencil to create a design on the nail. Hand painting utilizes brushes or other tools to create a design on the nail.



## Kids Art Corner



## English Crossword Puzzle



### Across

3. Synonym; order
8. The \_\_\_\_\_ in the joyous spring air was wonderful!
10. To incarcerate a convict during a trial
14. A complete muscular shutdown
15. The drill sergeant decided to \_\_\_\_\_ the private for smoking indoors.
16. Synonym; strong request

### Down

1. The unsatisfied citizens appealed for a writ of \_\_\_\_\_ from the Supreme Court.
2. A perfect society in every manner.
4. Something you have to do without choice
5. New York, Chicago, and Miami could all be considered what?

### 6. The missile was \_\_\_\_\_ at the last second.

7. Wearing a hat indoors is against school \_\_\_\_\_.
9. Calling someone mute, is another way to say someone has \_\_\_\_\_.
11. Ex. "Your looking a little rounder than usual."
12. Defined by human misery
13. Synonym; demand

Podar International School, Nashik

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*"The only real prison is fear, and the only real freedom is freedom from fear."*