



## A Guide to a Strong Family

A family is important because it provides love, support and a framework of values to each of its members. From their first moments of life, children depend on parents and family to protect them and provide for their needs. Parents and family form a child's earliest relationships. This may also lead to several relationships and support needs. Making time for family members, communicating effectively and supporting each other are important ways to strengthen families and build positive relationships. Working together as a family is also helpful in building strong and caring family relationships.

You may no longer live under the same roof, but these tips will help keep your family close:

1. Keep in touch. Communication is the foundation of any solid relationship.
2. Let them make mistakes.
3. Respect boundaries.
4. Have family dinners.
5. Organise a team event.
6. Take a vacation.
7. Offer to help.
8. Go to their events.

Keeping the above in mind, let us build strong the roots of family value and pass the same to the upcoming generations.



Mrs. Mangal Marathe

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## Aiming for a Stronger Family

Keeping your family together is one of the major requirements of today's times. There are specific important points to keep in mind for keeping a family bound in a sound relationship. They are as follows:

**Commitment** – This is something which helps to build a trust in any relationship and be responsible for the actions. Family values and bonds strengthen whenever commitment is shown.

**Love and Affection** – They are the binding agents that hold the family together. Showing love to our near and dear ones not only builds a strong relationship but also shows our future generation the best way to keep families connected.

**Compassion** – It is the ability to put yourself in another person's place to feel their pain, sense their need and have an urge to help them.

**Communication** – Effective communication is important in binding the families together which helps in better understanding. Unless we communicate clearly and provide our thoughts, there can be a danger of misunderstanding which proves to be a bad link in a good family relationship.

**Contact and Connection**- These two phrases are to be understood in a real sense to keep families together. We may be in contact with many of our family members, but we need to have a connection with them which will bring our hearts together. Sitting together, sharing meals, caring for and hugging each other, shaking hands, eye contact and spending some time together ensures that the bond is stronger and intimate. Let us not be well 'contacted' but 'well-connected' with each other!

The above-mentioned points, when followed, help the family binding and this also plays a vital role for the younger generation to learn about the family culture, tradition and support.



**Ms. Jayanthi Subramanian**

## Family: The Greatest Gift

I belong to a middle-class family. Earlier, there were seven members in my family. My parents, grandparents, elder sister, younger brother and I happily lived together. My father was the head of the family and handled all the ups and downs. Recently, I, my wife and my two daughters Ritisha and Rudrakshi shifted to Nashik and my other family members are in the native town.

My father was a government servant and was always busy. My mother is a housewife. She is soft-natured and caring. She would look after all of us and would help in school homework. Now we are in a good position because of our parents. My mother did not care for her comfort for us. She looked after my grandparents and helped the poor and needy. She is very religious.

My family has inculcated discipline and values in me. We all give great importance to values and morals in life. Since our early childhood, we are taught to respect the elders and love the children and we are teaching the same to our daughters. We learnt the lesson of punctuality and honesty from our parents and that is why we could excel.

I have seen a lot of ups and downs in childhood with my parents and learnt a lot from them. I took all the responsibility on my shoulder as I am the eldest child of the family. After completing my studies, I helped my parents by working. After that, I shifted to Nagpur and my Banking career started. I could successfully achieve my goals due to my family. My wife helps me and always gives moral support. I forget all the stress when I reach home and see the smile on my cute daughters' faces. The peace, prosperity, love and care bond us together. I am proud of my family. Family makes a man perfect and responsible.



**Mr. Shailesh Gaurkar**  
Father of Ritisha Gaurkar  
(Sr.KG. C)

### Sr.KG



#### Float and Sink

Sr.KG kids enjoyed the science experiment activity 'Float and Sink.' It was a wonderful day for the little ones.

### Jr.KG



#### Number Magic

Lacing, rubbing and tracing activities during 'Number Magic' by Jr.KG kids.



#### Water Play

Nursery kids enjoyed washing toys during Water Play.

### Mud Day Celebration

The students and their father together enjoyed various Mud Day activities.



**"Family is not an important thing. It's everything."**





## Views about My Family



A family cannot be defined in a few words or sentences. Everybody's life is incomplete without family. A family completes a person. It plays a vital role in our life right from childhood to old age. In our childhood, our mother and father shape our life. In youth, spouse's support has an equal importance in family. In old age, our children become a strong pillar of a family.

**Bhargavi I Marigold**

I must thank God that I am so lucky to have such a sweet family. We cannot live without each other for long. We celebrate all functions and occasions together and have a lot of fun.

**Yadnee Pawar I**

My family is tiny. There are four members in my family. My family is short, but it is a sweet, happy family. We play and watch TV together.

**Advait Kavthekar I Lotus**

I love my family very much. I am very happy to have such a nice family.

**Shruti Ajalkar I Rose**

I always feel that my family is the best family. We all are together and can overcome any problem easily because we are together.

**Vivaan I Lotus**

My family is everything to me. The family teaches us about the importance of knowledge, education, hard work and health. A family is a place where life begins. A family is strong when it's united and weak when it's divided.

**Tanzil Sachdeo I Lotus**

I love my family very much. They help me in every problem. I am really glad and thankful for getting such a beautiful family.

**Rushda Joshil I Marigold**

My family is a very loving family. We play and enjoy a lot. A family doesn't need to be perfect; it just needs to be loving. There should be a bonding amongst all the members.

**Sarthak I Tulip**

माझ्या कुटुंबात मी, माझे आई-बाबा, माझी छोटी बहिण आहे. माझी आई सगळ्यांची काळजी घेते. बाबा आमच्या कुटुंबासाठी रात्री उशिरापर्यंत काम करतात. आई, बाबा, आमच्यासाठी खूप काही करतात. माझे माझ्या कुटुंबावर खूप प्रेम आहे.

अथर्व शिंदे ५ वी अरावली

एकत्र कुटुंबाची संख्या कमी झाली आहे परंतु असं असलं तरी अलीकडच्या या विभक्त कुटुंब पध्दतीला तडा देत आजी-आजोबा, आई-बाबा, काका-काकू, चुलत भावंडे अशा भल्या मोठ्या गोतावल्या सह राहणारी काही सुखी कुटुंबेही आहेतच. एकत्र कुटुंब पध्दतीचे फायदे बरेच आहेत. जबाबदाऱ्या वाटून घेता येतात. तसेच वेगवेगळ्या स्वभावांशी जुळवून घेण्याची सवय लागते. एकत्र कुटुंबात राहणे हे नेहमी आनंदाची आणि फायदेशीरच असतं.

राजेश्वरी सांगेल (SHIVALIK)

मेरे परिवार में चार सदस्य हैं। मेरा परिवार एक सुंदर और अच्छा परिवार है। मैं मेरे परिवार से बहुत प्यार करती हूँ। हम सब एकसाथ एकजुट रहते हैं तथा अच्छे और बुरे समय में भी हमेशा एक दुसरे का साथ देते हैं।

अन्विता जोशी ३ री रेडियम

मेरा परिवार छोटा परिवार है। हम कुल मिलाकर चार सदस्य हैं। हम सब बड़े प्यार से रहते हैं और मुसीबत के वक्त भी एक दुसरे का साथ देते हैं।

नारायण पाटिल ३ री सिल्वर

मेरे परिवार में मेरी माँ, पिताजी, मेरा भाई, और मेरी बहन हैं। मेरे परिवार में सब एक दुसरे का बहुत सम्मान को करते हैं। मेरे माता-पिता मुझे और मेरे भाई-बहन को बहुत प्यार करते हैं। मेरा परिवार एक आदर्श परिवार है। हम सब एक दुसरे को हमेशा सहारा देते हैं। मेरा परिवार एकता में विश्वास रखता है। इतने प्यारे परिवार के लिए मैं भगवान करती हूँ।

रिया नाज ३ री रेडियम

There are five people in my family. My family has very strong bonding; we always ask for each other's opinion. We love each other so much. I am thankful to God for blessing me with such a loving family.

**Avani I**

As there are five fingers attached to the same hand, even our family is like one and we are attached like fingers to it. I love my family so much.

**Arnav Bankar I Tulip**

कुटुंबात प्रत्येक सदस्याची आपुलकीने काळजी घेतली जाते. माझ्या कुटुंबात आई-बाबा, माझा लहान भाऊ असे सुखी कुटुंब आहे. आई खूप छान जेवण बनवते. बाबा आमच्यावर खूप प्रेम करतात. माझा भाऊ व मी आम्ही खूप खेळतो. मला माझे कुटुंब खूप आवडते.

सामी मण्यार ६वी पृथ्वी

मेरा परिवार संयुक्त और बड़ा परिवार है। शहर में रहते हुये भी परिवार के सभी सदस्य साथ-साथ रहते हैं। परिवार के सभी सदस्य आपस में मैत्रीभाव से रहते हैं। हमारा परिवार एक आदर्श और खुशहाल परिवार है।

आयुषी भदाने ४ थी जल

माझ्या कुटुंबात आई, बाबा व मी राहतो. आई खूप प्रेमळ आहे तर बाबा माझे मित्रच आहेत. आजी-आजोबा मला गावावरून भेटायला येतात. आजी-आजोबा मला फिरायला घेऊन जातात, छान-छान खाऊ घेऊन देतात. आम्ही सर्व एकत्र बसून संध्याकाळी गप्पा करतो.

प्रथमेश कुंभार ५ वी अरावली

काय लिहू आणि किती लिहू या चार ओळींमध्ये बंदिस्त करण्यासारखं आमचा कुटुंब नाही. आमचे कुटुंब खूप छान आहे. माझ्या कुटुंबात आमची खूप काळजी घेणारे आई-बाबा आहेत. दोघांचेही माझ्यासाठी फार महत्त्वाचे स्थान आहे. माझा जवळचा मित्र माझा लहान भाऊ आहे. माझे कुटुंब म्हणजे जणू देवघरात देव असण ! मी माझ्या कुटुंबाशिवाय राहून शकत नाही.

प्रांजल पवार ५ वी विंध्याचल

मेरा परिवार छोटा किन्तु आदर्श परिवार है। मेरे परिवार में सभी एक दुसरे की भावनाओं सम्मान करते हैं, तथा एक दुसरे को सहयोग करते हुये बड़े प्यार से रहते हैं।

सिद्धि राजभर ३ री रेडियम

मेरे परिवार में पिताजी, माँ और मैं और मिलाकर कुल तीन सदस्य हैं। हम सभी बड़े प्यार और स्नेह से रहते हैं। हमारे परिवार की अखंडता एक मिसाल है।

सोनिका नाईक ३ री सिल्वर

मेरे परिवार संयुक्त और बड़ा परिवार है। शहर में रहते हुये भी परिवार के सभी सदस्य साथ साथ रहते हैं। परिवार के सभी सदस्य आपस में मैत्रीभाव से रहते हैं। हमारा परिवार एक आदर्श और खुशहाल परिवार है।

आयुषी भदाने ४ थी जल

मेरा परिवार एक साधारण मध्यमवर्गीय परिवार है। किन्तु हम सभी मिलजुल कर रहते हैं। हमारे परिवार की इस विशेषता की सभी लोग प्रशंसा करते हैं।

विहान खामत ४ थी आकाश

‘मातृपितृ देव भव’. मी माझ्या आई-बाबांचा नेहमी आदर करतो. कारण ते माझी खूप काळजी घेतात. मी दररोज सकाळी आई-बाबांना नमस्कार करतो. माझी बहिण मला नेहमी चांगल्या गोष्टीसाठी प्रोत्साहन देते व सहकार्य करते.

शावील तोतरे ६वी पृथ्वी

कुटुंब हे केवळ व्यक्तीने नाही तर ते घरातील सर्व व्यक्तीच्या मनाचे घर असले पाहिजे. ज्या कुटुंबात सर्व व्यक्तींना मोकळीक असली पाहिजे. ज्या कुटुंबात सर्व व्यक्ती प्रत्येकांच्या सुख दुःखात सहभागी असतात त्या कुटुंबातील लोक नेहमी सुखी समाधानी आयुष्य जगतात. आपण घरातील व्यक्तींबद्दल आदराने राहिले पाहिजे आपले कुटुंब नेहमी एकत्र राहिल याची काळजी घेतली पाहिजे. कुटुंबामध्ये सर्वांसोबत राहण्याचा आनंद काही वेगळाच असतो.

श्वेता गडे (BRAHMOS)

कुटुंब म्हणजे प्रेमळ आई, लाड करणारे बाबा, गोष्ट सांगणारी आजी, माझ्या कुटुंबात आम्ही पाच लोक आहोत. आई, बाबा, भाऊ, आजी आणि मी, माझ्या कुटुंबातील सदस्य एकत्र आनंदात राहतात आणि एकमेकांची खूप काळजी घेतात.

फाल्गुनी गुप्ता ६वी निलगिरी

हमारे परिवार में सभी एक दुसरे को यथोचित सम्मान देते हैं। हमारे परिवार में अतिथि देवो अवधारणा को पर्याप्त महत्त्व देते हैं। एकदुसरे की भावनाओं का पुरा ख्याल रखते हैं। मेरे परिवार में सभी समय पालन को महत्त्व देते हैं।

गौरी पवार ४ थी अग्नि

हमारा परिवार हर रोज एकसाथ मिलकर खाना खाता है। इससे परिवार में प्यार और स्नेह बढ़ता है तथा परिवार में एकता की डोर मजबूत होती है।

धडकन भाटिया ४ थी वायु

## Boys' Welfare Committee Meeting



Podar International School, Nashik conducted the Boys' Welfare Committee session on 29<sup>th</sup> June 2018. All the boys were explained the importance of discipline and healthy atmosphere in the school premise. A sense of self-discipline was born within the students through the session. The importance of personal hygiene was insisted. The committee proceeded under the Principal and the Boys' Welfare Committee members' address. The committee's purpose is to eliminate, as far as possible, the problems of children and the first session of the committee ended precisely on the same note.

**Deep Hanmante**  
VIII Pearl

## Girls' Welfare Committee Meeting



The first session of Girls' Welfare Committee for the academic session 2018 was held on 29<sup>th</sup> June 2018. The school discipline and personal hygiene were the topics for the discussion. This session was held for the girls of Std. VI to X. The girls were encouraged to come forward and discuss any issues they feel are important for them. The members of the committee also discussed the future events. The session was appreciated by the girls and ended on a happy note.

**Rameshwari Choudhari**  
VIII Pearl

## A Grand Beginning with the Jump Start Event



One of the specialities of our school is the 'Jump Start' event which is conducted with great zeal. This year, it was conducted on 15<sup>th</sup> June, on the second day of our school. Each standard conducted different activities. The little Podarites of Std. I and II brought pictures of cartoons, sports, movies etc. Those were pasted on a soft board and they wrote their names in front of their favourite one. The students of Std. III and IV solved worksheets on topic 'media literacy.' The students of Std. V and VI wrote about what violence means to them, while the students of Std. VII and VIII made comic strips on problems faced by our country such as illiteracy and women abuse.

**Aarya Ghuge**  
VIII Pearl

## Nurturing Young Leaders



Some people dream of success, while others wake up and work hard for it. The election for the Student Council was held on 23<sup>rd</sup> June 2018. Students of Std. IX and X were nominated for various posts. The candidates introduced themselves and their posts to the future citizens of this nation. The students were taught the importance of voting and the election. The students did a great job in voting and campaigning. The elections were conducted in the classes and each student was obliged to vote for the right candidate. After all the votes were cast, the staff counted the votes and banked them to each candidate. The candidates who got more number of votes were elected. The elected representatives were then invested responsibilities in the investiture ceremony.

**Deep Hanmante**  
VIII Pearl

## International Yoga Day Celebration

International Yoga Day or commonly referred to as Yoga Day, is celebrated on 21 June every year since its inception in 2015. It was celebrated in our school with great enthusiasm. A special assembly was conducted on that day, where students got to know about the significance of yoga in their everyday lives. All the students were eagerly waiting with their yoga mats for practising yoga. The students assembled on the ground where four professional yoga instructors from Patanjali Yoga Peeth conducted yoga activities. The programme was initiated with five minutes of meditation, which was followed by various asanas. All the teachers and the staff participated in this event. The event was a grand success.

**Aarya Ghuge**  
VIII Pearl



"Call it a clan, call it a network, call it a tribe, call it a family. Whatever you call it, whoever you are, you need one."



## Creating Young Leaders through Elections



Leadership quality is one of the most important skills which is required for a person to succeed in life. To help the students develop leadership skill and practise it, an election campaign was organised in our school. For this year, the students were divided into two teams 'strikers' and 'challengers.' On 21<sup>st</sup> June 2018, contestants from Std. IX and X campaigned for themselves by reaching out to students of various classes and asking for a vote in their favour. The next day, the strikers and challengers delivered speeches. The Principal, teachers and all the students were present at the event. This event helped students to express their views, build their confidence and enhance their personality.

**AlifiyaVora**  
IX Mars

## Training the Trainers



Teachers are the nation builders in the true sense. They play an essential role in shaping the young minds, guiding them and nurturing them. A training workshop was held for the teachers of the school from 5<sup>th</sup> to 7<sup>th</sup> June 2018. The first workshop was conducted by M.A. Jaysimha on 5<sup>th</sup> and 6<sup>th</sup> of June. Its topic was 'Mind Reorientation.' The session focused on the usage of our mind to the fullest extent and how to retrain our brain to think positively. On 7<sup>th</sup> of June, another workshop was conducted by Col. Sampat about team-building. It was an interactive session packed with many activities. Both the workshops helped the teachers to enhance their skills and develop new competencies. The Principal Sir conducted a workshop on corporal punishment. He guided teachers how to motivate the students and mend them following positive reinforcements instead of resorting to corporal punishment. He expressed his happiness that our teachers resort to positive means to motivate and guide our children.

**Alifiya Vora**  
IX Mars



## Express Yourself



On the 21<sup>st</sup> June 2018, an 'Express Yourself' activity was conducted for Std. I to VIII. The students were taught about social media and its different uses. Std. V and VI were taught about violence and were asked what comes to their mind related to the topic. The students of Std. I and II were given cartoon characters from famous T.V shows and were told to choose the character they would like to be. The teachers got amazing responses from the students. The students of Std. VII and VIII were given worksheets based on social media and its causes. The boards were decorated according to the theme by our art teachers and we all enjoyed doing these activities and obtained an insight into the virtual world.

**Insiya Merchant**  
VIII Pearl

## Safety Awareness



Safety is the priority in everyone's life. Our school realises it very well and cares for its students. For the same reason, the school conducted a 'Safety Awareness' activity on 22<sup>nd</sup> June 2018 to spread awareness among the students about their safety. All the students of Std. I to VIII participated in the activity. Std. I and II were taught about Fire Safety with the help of the technique of Stop, Drop and Roll. They were also taught about cleanliness and the use of First Aid. Std. III and IV were taught the use of First Aid. The students of Std. V and VI were taught about CPR treatment which can be used in an emergency if there is a sudden heart problem. Std. VII and VIII students were shown videos about Fire Safety. They were then told to make a play based on that and perform it in the class.

**Anushka Jain**  
VIII Pearl

## First Day at the School

Before going to school there is lot of excitement, a bit nervousness and many questions. We keep thinking about making new friends and about the new teachers. Finally, on 14 June, the time came when the school reopened for the new academic year. When we entered the school, all the memories of previous years were refreshed. We were welcomed by the Std. X students. All the students met their friends and shared all about their vacations. Finally, we were shuffled and we got our new classes, new friends and new teachers. Finally, the new academic year began and we got ready to enter another exciting phase of our lives.

**Anushka Jain**  
VIII Pearl




**Investiture Ceremony 2018**


To confer the titles and invest power to the members of the newly elected School Council, the Investiture Ceremony was organised at Podar International School, Nashik on the fine morning of 30<sup>th</sup> June 2018. The event was presided over by our Principal Sir and the Chief Guest, the Principal of Podar International School, Sangli- Mr. G B Patil. The Principal administered the new office bearers the Oath. A grand ceremony was organised to mark this event.

**Navin  
VIII Pearl**



**ART CORNER**



**Bhumi Chaudhari  
III Diamond**



**Drishti Ganeriwala  
V Aravali**



**Lucky Chaudhary  
VI Trishul**



**Pankaj Pandit  
VII Newton**



**Pranjali Sao  
V Aravali**



**Siddhi Bhabda  
VI Trishul**

“If you have a family that loves you, a few good friends, food on your table and a roof over your head. You are richer than you think”

## Living Together in a Family

Togetherness is a beautiful experience and a bond which unites us strongly. It gives us:

### 1. Moral support:

Living together gives an immense individual motivation and helps to sail through all the difficulties. It gives confidence to an individual to take a risk in life without being afraid of failure or being unsuccessful.

### 2. Helping each other during problems:

Togetherness in the family ensures that the bonds are strong. Any problem can be easily solved since there are so many family members to support and give ideas to resolve the issues. The individual can live happy and tension-free life.

### 3. Adult care:

Elderly people in the family can get attention, care during their sicknesses and loneliness.

### 4. Childcare support:

When families are together, multi-partnering can be done and the child can grow up in security and unconditional love. The child can learn values and traditions when grandparents and parents are together. The children growing up in joint families can grow up with mutual adjustment amongst themselves.

### 5. Festival celebrations and traditional values:

When a family is together, all the festivals are celebrated with vigour and happiness. A lot of traditions are inculcated in children's mind. The next generations can further follow family traditions.

### 6. Monetary help:

If the family is together, all major setbacks in a person's life can be taken care of. For example, if the family member has a business which fails, due to the togetherness in the family, such situation can be dealt with calmness and that individual does not feel frustrated, de-motivated, depressed and stressed out.

### 7. Security:

Family togetherness can bring security amongst the family members and no family member can be depressed in any situation. It builds up a strong individual from within because he is confident that all the family members are there to support him during good and bad times.

### 8. Companionship:

The family which is together will have a lot of love, respect and strong support for each other. The elder person in the family will be then the head of the family, seeing to it that each of the family members gets equal importance in the family. They are the power zone and function as a Trustee in the family system where all the members believe in the head of the family. He/she sees to it that everybody in the family follows traditions and equally bonds with each other without any grudges.

### 9. Sharing of expenses:

When the family is together in all the expenses, work and other things are taken care of instead of the single-headed family carrying the burden of all the expenses. Togetherness oozes out the tension and stress from the family members' minds.

In a nutshell, togetherness in the family is the cradle of social virtues. The family members are empowered form of the society where love and security prevails. Because the family is strongly bonded with each other, their wisdom becomes an integral part of the framework of a child's ethics and moral values.



Parent: Mr. Pravin Kharde  
Parent of Yashva Kharde  
VII, Raman



## PODAR INTERNATIONAL SCHOOL, NASHIK

### Student's Achievement May/June 2018

#### VAIDEHI DEOKAR



**EVENT** :- ROPE MALLKHAMB  
**POSITION** :- Participation (U - 17 Year)  
**STD** :- IX (Mars) (STATE LEVEL)  
**(PARTICIPATED IN** :- 28<sup>th</sup> Mumbai Mayor's Trophy All India Invitational Mallkhamb Championship  
**ORGANISED BY** :- Mumbai city District Mallkhamb Association, at Mumbai  
**DISTRICT** :- Mumbai

#### NILOTPAL BHABAL



**EVENT** :- SWIMMING (U - 14 Year)  
**POSITION** :- 4X100 Relay - 1<sup>st</sup>, 50,100mtr -1<sup>st</sup>, 200mtr-2<sup>nd</sup> (Breast Stroke)  
**STD** :- VIII (Pearl) (STATE LEVEL)  
**PARTICIPATED IN** :- 45<sup>th</sup> Jr. and 35<sup>th</sup> Sub Jr. State Aquatic championship-2018  
**ORGANISED BY** :- Maharashtra state Amateur Aquatic Association  
**DISTRICT** :- Ahamadnagar

#### ATHARVA DHANDE



**EVENT** :- SWIMMING (U - 14 Year)  
**POSITION** :- 100mtr- 3<sup>rd</sup>, 200mtr - 2<sup>nd</sup> (Butterfly Stroke)  
**STD** :- VIII (Ruby) (STATE LEVEL)  
**PARTICIPATED IN** :- 45<sup>th</sup> Jr. and 35<sup>th</sup> Sub Jr. State Aquatic championship-2018  
**ORGANISED BY** :- Maharashtra state Amateur Aquatic Association  
**DISTRICT** :- Ahamadnagar

#### SHEELVANSH WAGHAMARE



**EVENT** :- KARATE (U - 12 Year)  
**POSITION** :- 1<sup>st</sup> GOLD MEDAL  
**STD** :- IV (Jal) (STATE LEVEL)  
**PARTICIPATED IN** :- Khelo karate All India open karate championship  
**ORGANISED BY** :- Khelo karate, Balewadi, Pune  
**DISTRICT** :- Pune

#### AKANKSHA SHINDE



**EVENT** :- JUDO (U - 17 Year)  
**POSITION** :- 1<sup>st</sup> GOLD MEDAL  
**STD** :- IX (Jupiter) (DISTRICT LEVEL)  
**PARTICIPATED IN** :- 8<sup>th</sup> Invitational Monsoon Tri-Dist. Judo Tournament 2018  
**ORGANISED BY** :- Nashik Dist. Judo Association, Nashik  
**DISTRICT** :- Nashik

#### SHARVARI SANGALE



**EVENT** :- CHESS (U - 9 Year)  
**POSITION** :- 2<sup>nd</sup> SILVER MEDAL  
**STD** :- III (Silver) (STATE LEVEL)  
**PARTICIPATED IN** :- Dist.level chess competition, Nashik  
**ORGANISED BY** :- Nashik Dist. Chess Association  
**DISTRICT** :- Nashik