



PODAR INTERNATIONAL SCHOOL UDUPI ANNUAL REPORT





100% RESULTS IN CBSE BOARD CLASS X EXAMINATION 2022-23

In academics our school preceded an excellent result in the CBSE board examination of class 10 for the year 2022-23.

Achieved 100% result

Out of 22 students

20 students secured Distinction and First class

2 students secured Second class.

- 1. Mst. Srijan Saliyan – 91%**
- 2. Ms. Vanshika - 90.83%**
- 3. Mst. Sujay. R – 90.50%**



PODAR

INTERNATIONAL SCHOOL



#295/2A, Behind Lady of Fatima Church, Perampally, Udupi.

100 % RESULTS IN CBSE BOARD CLASS X (CBSE) EXAMINATION 2022-23

100 %
RESULTS



SRIJAN SALIAN-91%



VANSHIKA-90.83%



SUJAY.R-90.50%



PRATHAM BHAT-87.83%



MD.RASHAD-86%



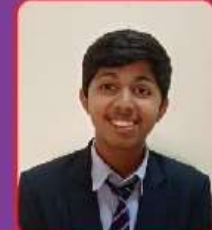
ADITH J NAIR-86%



PRITHYA MAHENDRA-84%



PRATIV BHATIA-82.33%



SUJAL R-82.33%



COMPETITIVE EXAMS

Under Science Olympiad Foundation student attended the various competitive exams.

- ❖ International General Knowledge Olympiad
- ❖ National Science Olympiad
- ❖ International Mathematics Olympiad
- ❖ National Cyber Olympiad
- ❖ National Social Studies Olympiad
- ❖ International English Olympiad



PODAR INTERNATIONAL SCHOOL, UDUPI

SOF OLYMPIAD





INNOVATIVE PRACTICES OF THE SCHOOL

Podar International School, Udupi has introduced the following best practices for the overall development of Students and Teachers.

- **Podar Parisara Snehigalu**
- **Joyful Teacher**
- **Mentor Mentee**
- **Anger Free Zone**
- **Campus Language**
- **Stop Bullying**



PODAR INTERNATIONAL SCHOOL, UDUPI

PODAR PARISARA SNEHI

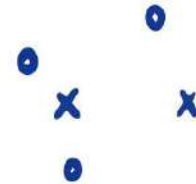




JOYFUL TEACHER



PASSION AND ENTHUSIASM



ADAPTABILITY AND FLEXIBILITY

ABOUT ME

Teaching is one of the noble professions in today's society. As a teacher, who will shape the minds of others and encourage them to think independently. To become a good teacher, it's important to be organized. Create lesson plans, objectives, activities, and assessment plans well before each class day. Emotionally, physically and intellectually, they have to help their students cultivate skills that are good for mental and overall well-being to assist the school / educational institution to achieve its goals.

I'M LOOKING FORWARD TO...



BEING A BEST



EFFECTIVE CLASSROOM MANAGEMENT



PODAR
INTERNATIONAL SCHOOL
Udupi

ANGER FREE ZONE

IN THIS CONCEPT EVERYONE HAS TO MANAGE 'ANGER' AND THIS NOT ONLY INCLUDES STUDENTS BUT ALSO THE ENTIRE STAFF, PARENTS AND OTHER INSTRUCTORS. THE ELDERS SET EXAMPLES FOR LITTLE ONES SO THEY ARE ABLE TO MANAGE SUPPRESSED EMOTIONS. SOME WAYS TO PROMOTE THE ANGER FREE ZONE INCLUDE SMILING GENUINELY AND RESPONDING TO GREETINGS TO EACH OTHER. BREATHING EXERCISES AND TALKING CALMLY CAN BE ENCOURAGED.



CONTROL YOUR MIND



STAY CALM

SAY NO ANGER



PODAR INTERNATIONAL SCHOOL, UDUPI



CONNECT

EMPOWERING DIVERSITY THROUGH LANGUAGE

CREATE

COMMUNICATE

CAMPUS LANGUAGE

ENGLISH



TO DEVELOP STUDENTS'
ABILITY TO SPEAK
FLUENTLY AND INTERACTIVELY.

MORE THAN GRADES





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BE KIND, GENTLE, AND CARING AT ALL TIMES.

STOP BULLYING



WALK WITH CONFIDENCE



BE A FRIEND



GOOD STUDENTS
SPEAK KIND WORDS.

DO GOOD
BE GOOD



MORE THAN GRADES



PODAR INTERNATIONAL SCHOOL, UDUPI

SCHOOL ELECTION 2023-24

P.I.S, Udupi conducted the first event of the academic year 2023-24 “School Election” to elect the sports and cultural captain. Students casted their votes to elect leaders and experienced election environment.



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SCHOOL COUNCIL ELECTION 2023-2024





PODAR INTERNATIONAL SCHOOL, UDUPI

INVESTITURE CEREMONY

“A leader is the one who knows the way, goes the way and shows the way”. To inculcate the leadership qualities in students PIS, Udupi selected the prefectural council for the year 2023-24. The new prefect council took over the responsibility formally through investiture ceremony which was held on 8th July. The Head boy, the Head Girl, the new prefect council, the captains and vice captains of all the four houses were given badges and were entrusted to carry on their work smoothly and systematically.



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INVESTITURE CEREMONY





PODAR VOLUNTEER PROGRAMME

- 1. Plantation Drive**
- 2. Swacch Sagar Surakshit Sagar campaign at Malpe**
- 3. Thanking Police: Handmade Greeting card from the students**
- 4. Thanking Fire Fighters : Handmade Greeting card from the students**
- 5. Walkathon On Road Safety**
- 6. Donation Drive to Govt. Higher Primary School, Hanumanth Nagara.**
- 7. Donation Drive to Appa Amma Anathalaya, Brahmavara.**
- 8. Donation Drive to Spandana Vocational & Rehabilitation Centre For Mentally Challenged Person**



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PODAR VOLUNTEER PROGRAMME





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PODAR VOLUNTEER PROGRAMME





MORNING ASSEMBLY & HIGHLIGHTED PRACTICES

PIS, Udupi has established a variety of positive and engaging practices to foster a sense of community, celebrate achievements, and promote a holistic approach to education. Let's break down some of the highlighted practices:

- **Morning Prayer and Assembly**
- **Birthday Greetings**
- **Plant a Sapling Campaign and Book Donation**
- **Class of the week**
- **Best Council Member**
- **Campus Language Award**

These practices collectively contribute to a positive school culture, where students are not only academically engaged but also involved in personal and social development.



PODAR INTERNATIONAL SCHOOL, UDUPI MORNING ASSEMBLY & HIGHLIGHTED PRACTICES



DEVELOPMENT OF SCHOOL INFRASTRUCTURE

- 1. Multi Purpose Hall**
- 2. Canteen**
- 3. Science Lab**
- 4. Math Lab**
- 5. Computer Lab**
- 6. Indoor PE Room**
- 7. Additional 2 class rooms & Wash rooms**



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SCHOOL INFRASTRUCTURE





Since 1927

PODAR INTERNATIONAL SCHOOL, UDUPI

CELEBRATION OF INDEPENDENCE DAY





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CELEBRATION OF GANDHI JAYANTI





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WORLD ENVIRONMENT DAY





PODAR INTERNATIONAL SCHOOL, UDUPI INTERNATIONAL YOGA DAY





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NATIONAL SPORTS DAY





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CELEBRATION OF HINDI DIWAS





PODAR INTERNATIONAL SCHOOL, UDUPI CELEBRATION OF TEACHERS' DAY





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CELEBRATION OF KANNADA RAJYOTSAVA





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CELEBRATION OF CHILDRENS' DAY





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CELEBRATION OF ONAM





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CELEBRATING KABIR





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CELEBRATION OF CONSTITUTION DAY





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CELEBRATION OF KRISHNA JANMASHTAMI





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CELEBRATION OF DUSSEHRA





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CELEBRATION OF CHRISTMAS





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CELEBRATION OF REPUBLIC DAY





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SCHOOL CLUBS

This year many clubs were introduced in our school as

- 1. Gourmet club – To encourage students to have an understanding of food hygiene and safety and also have the opportunity to try new recipes.**
- 2. Green Wizard club – To focus on our planet and environment.**
- 3. Art for All – To focus on art and creativity.**
- 4. Music and more clubs – To focus on the music this is around us.**
- 5. Drama Club – To build self-confidence, imagination, creativity and communication skills among students.**
- 6. Treasure Trove club – To become a part of the growing community of heritage keepers.**



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SCHOOL CLUB ACTIVITIES





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COMPETITIONS – CURRICULAR & CO-CURRICULAR



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THEME - INTEGRATED ENGLISH

Theme – 1 ‘TECT-IT-UP’ A World of Gadgets and Gizmos

**Theme – 2 ‘YOUNG ENTREPRENEURS’ – Discovering the
Businessman in You**

**Theme – 3 ‘MYTHBUSTERS’ – Uncovering Myths, Fairy Tales and
Legends Engraved in Time**

**Theme – 4 ‘SIGNIFICANT PEOPLE’ Characters and Events that
Changed the World**



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INTEGRATED ENGLISH ACTIVITIES





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INTEGRATED ENGLISH ACTIVITIES





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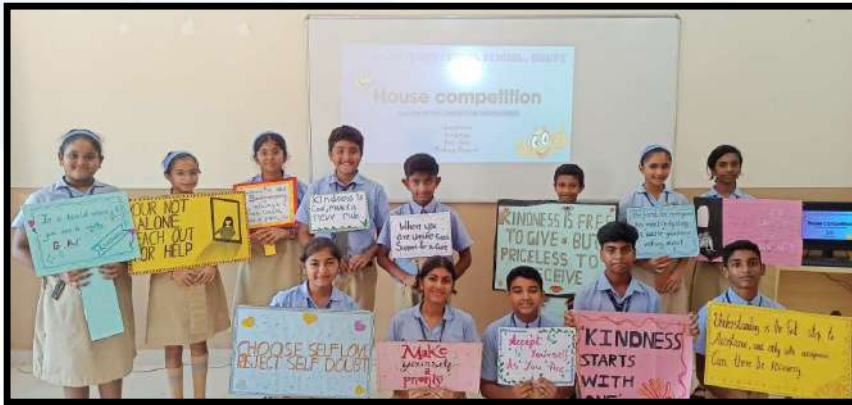
INTEGRATED ENGLISH ACTIVITIES





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INTEGRATED ENGLISH ACTIVITIES





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FIELD TRIP





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PARIVARTHAN DRIVE





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CO-CURRICULAR ACTIVITIES – DEBATE COMPETITION





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CO-CURRICULAR ACTIVITIES – ELOCUTION COMPETITION





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CO-CURRICULAR ACTIVITIES – QUIZ COMPETITION





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CO-CURRICULAR ACTIVITIES – WONDER FROM WASTE





PODAR INTERNATIONAL SCHOOL, UDUPI

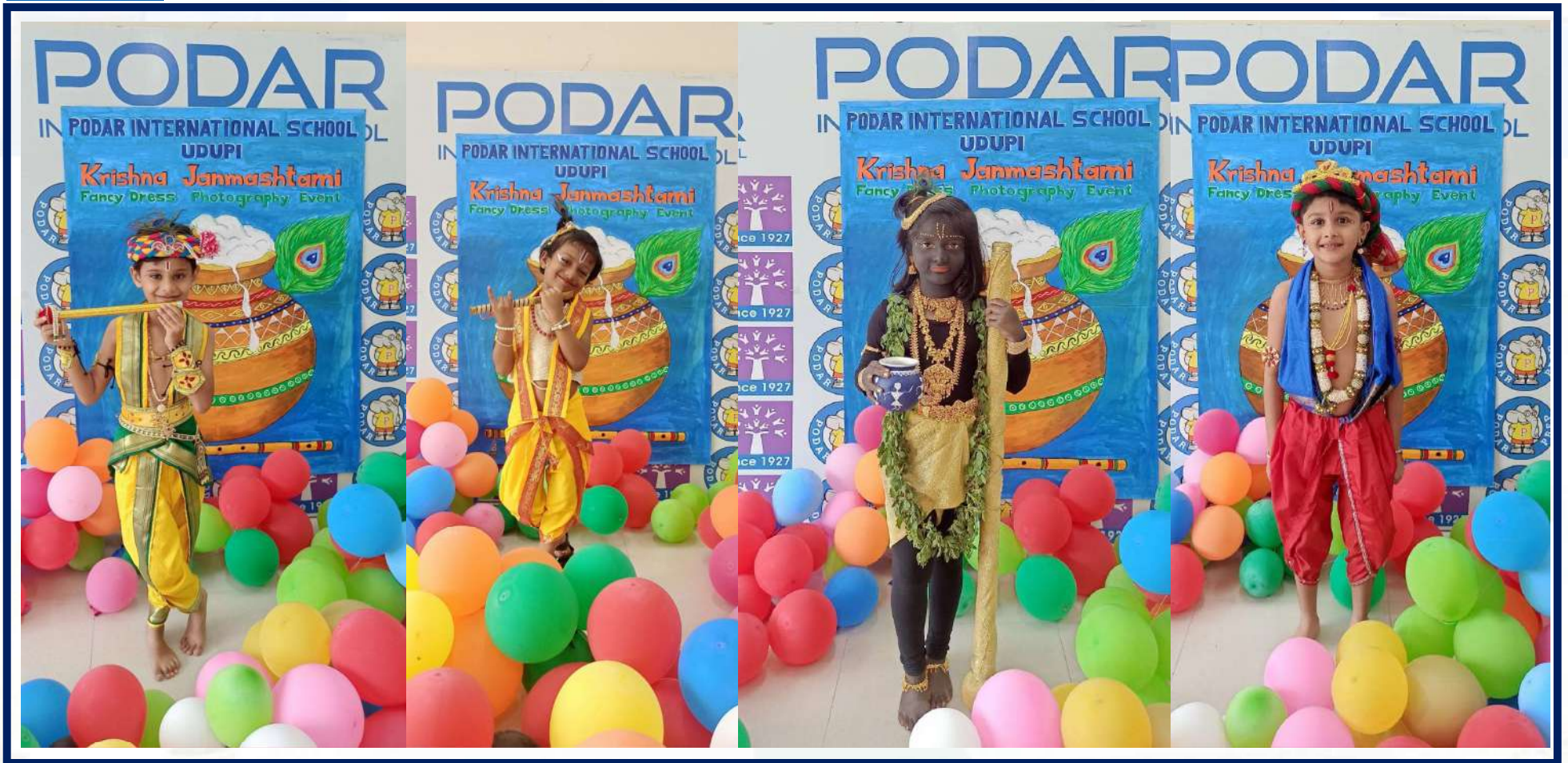
CO-CURRICULAR ACTIVITIES – DRAWING / POSTER MAKING COMPETITION





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CO-CURRICULAR ACTIVITIES – FANCY DRESS





PODAR INTERNATIONAL SCHOOL, UDUPI

GIRLS AND BOYS WELFARE COMMITTEE

P.I.S, Udupi has Girls and Boys Welfare Committee which offers students a confidential space in which they can talk to a teacher who is a member of the committee about their concerns. It further offers a feeling of being listened to, valued and accepted. Committee members are available for any student to listen to emotional or psychological concerns related to academic or social concerns.

The Committee is organizing a periodic talk for the students of grade 1 to 10 about teenager's primary concerns like washroom etiquette, cleanliness, healthiness and classroom behavior.



PODAR INTERNATIONAL SCHOOL, UDUPI

WELFARE SESSION ON 'GROWING UP, GOOD TOUCH & BAD TOUCH'





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PARENT SPORTS MEET

Podar International School, Udupi organised the Parents Sports Meet on 28th October, 2023.

The Parents Sports Meet was inaugurated with Aerobics and warm up exercises followed by various competitions like the Musical chair, Rangoli, Fruit Decoration, Cricket, Volleyball, Throw ball.

Students and parents played friendly matches and enjoyed with true sportsman spirit.



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PARENTS SPORTS MEET





PODAR INTERNATIONAL SCHOOL, UDUPI

SPORTS DAY CELEBRATION 2023-24

The much awaited Annual Sports Day, 2023-24 was held on Thursday, 9th November, 2023 at Ajjarkadu District Stadium, in Udupi. The Chief Guest of the function was Mr. Dinesh Kumar, District Sports Coordinator, Pre-University Board, Udupi. A day filled with challenge and excitement was experienced in the midst of the thrills and cheers of the students. 148 various events were conducted from Grade I to X under different categories, such as Long Jump, High Jump, Broad Jump, Frog race, In & Out, 40 & 50 race, 1500mts, 1000 mts, 100 mtrs race, Discuss throw, Ball throw, Shot put, baby hurdles and hurdles race were conducted. The Relay 4X100 mts for boys and girls House wise competition was the most spectacular one.



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ANNUAL SPORTS DAY





PODAR INTERNATIONAL SCHOOL, UDUPI

ANNUAL SPORTS DAY





PODAR INTERNATIONAL SCHOOL, UDUPI

OUR PROUD ACHIEVERS OF THE YEAR 2023-24

Mst. Mihir Mukul Karkera of grade 8 won Silver Medal in State Level High Jump U-14 Category and represented Karnataka in South Zone Athletic Championship held at Warangal, Telangana. Also won the Gold Medal in AICS U-14 High Jump.



PODAR INTERNATIONAL SCHOOL, UDUPI

SPORTS ACHIEVERS



KARNATAKA STATE JUNIOR ATHLETIC MEET - 2023



UNDER - 14 BOYS
HIGH JUMP
SILVER MEDAL

MIHIR M K



PODAR INTERNATIONAL SCHOOL, UDUPI

OUR PROUD ACHIEVERS OF THE YEAR 2023-24

Mst. Kempe M Gouda of Grade 6 represented All India National Series Tennis Tournament held at Hyderabad with holding 441 U12 all India Ranking and recently he grab the ranking 72 U12 all India Ranking for his brilliant performance.



PODAR INTERNATIONAL SCHOOL, UDUPI

SPORTS ACHIEVERS



KEMPE M GOWDA
Represented All India
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PODAR INTERNATIONAL SCHOOL, UDUPI

AICS PARTICIPATION AND WINNERS AY 2023-24

Podar International school, Udupi participated in Various AICS inter school competitions in the AY 2023-24.

Such as:

Table Tennis

Badminton

Swimming

Cross Country Race

Chess Competition

Throw ball competition

AICS Athletic Meet

AICS Literary Competition.

We are proud to say that our students participated energetically as a result

Mihir M Karkera

Prathana P Rao

Rithika Pai

Won the Gold Medal and

Sheethal D won Silver Medal.



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SPORTS ACHIEVERS



MIHIR M KARKERA



PRARTHANA P RAO



PODAR INTERNATIONAL SCHOOL, UDUPI

SPORTS ACHIEVERS



RITHIKA PAI



SHEETHAL D



PODAR INTERNATIONAL SCHOOL, UDUPI

AICS PARTICIPATION AND WINNERS AY 2023-24

Podar International School, Udupi participated in Various AICS inter school competitions in the AY 2023-24.

We have secured second runner-up position in AICS Chess Competition. As our students have Abhay Kamath, Pranav R Shet, Tristup, Divit, Vedanth Shanbhag Shown extremely skillful talent during the competition.



PODAR INTERNATIONAL SCHOOL, UDUPI

ACHIEVERS



A
C
H
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E
V
E
R
S





PODAR INTERNATIONAL SCHOOL, UDUPI

FIRE MOCK DRILL

Fire Mock drills conducted on regular basis to train the children on the Evacuation process in case of an emergency. Understanding how to conduct the one-self in the case of an eventually is very important in order to answer safety among the students. Medical team with all basic necessary items and wheel chair and stretcher kept ready for emergency. All students along with staffs participated in the Fire mock drill demonstration.



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FIRE EVACUATION MOCK DRILL





PODAR INTERNATIONAL SCHOOL, UDUPI

Teachers Training/Workshop

1. **Unlocking the Art of Inclusion :Workshop by IEC Podar Education Network**
2. **CBSE CoE Capacity Building Programme on Art Integration**
3. **CBSE CoE Capacity Building Programme on Stress Management**
4. **CBSE CoE Capacity Building Programme on Active Learning**
5. **The Symphony of Learning: Creating Harmony in the Classroom by Podar Innovative Center**



PODAR INTERNATIONAL SCHOOL, UDUPI

Unlocking the Art of Inclusion :Workshop by IEC Podar Education Network





PODAR INTERNATIONAL SCHOOL, UDUPI

CBSE CoE Capacity Building Programme for Teachers : PIS Udupi Session





PODAR INTERNATIONAL SCHOOL, UDUPI

The Symphony of Learning: Creating Harmony in the Classroom by Podar Innovative Center

